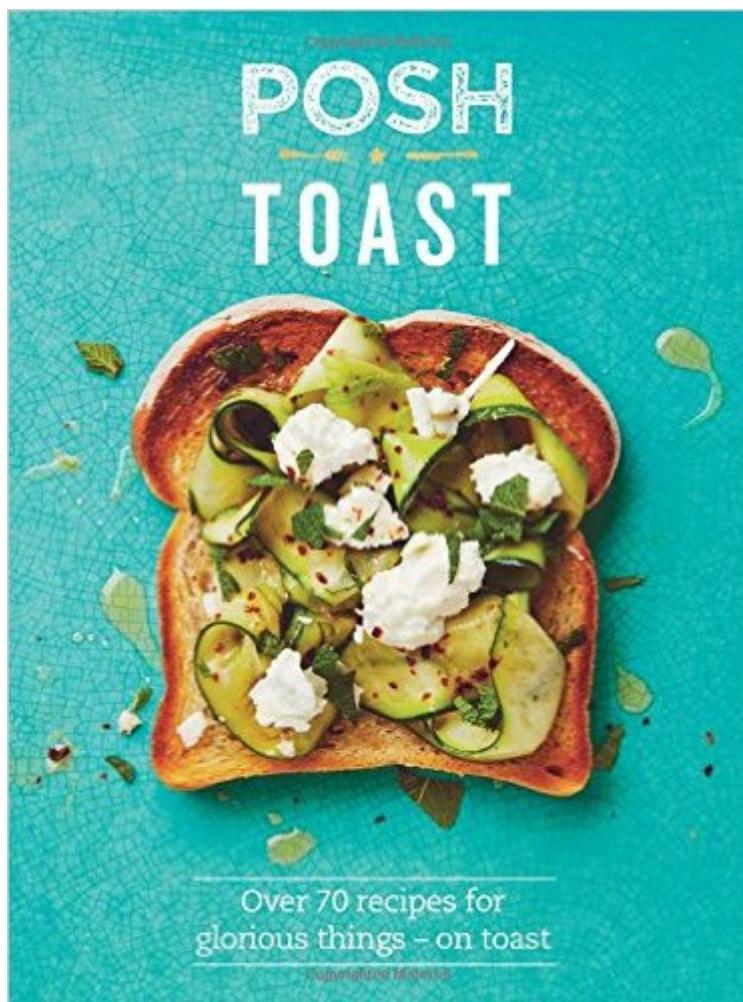


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Posh Toast: Over 70 Recipes For Glorious Things - On Toast



Synopsis

This is the new hot (and buttered) food trendâ "simple toast recipes that everyone can make. Hungry food fans everywhere are toasting sourdough, spelt, and rye and loading them with luscious ingredients to make a simple, satisfying meal. Posh Toast features every toast recipe you could ever need, covering breakfast, lunch, snacks, and supper, plus a guide to the basics of toasting. Every recipe has a photo and easy-to-follow instructions, making it the ultimate gift or self-purchase for toast addicts, novices, and expert cooks alike. It's everything good. On toast. It's Posh Toast.

Book Information

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Customer Reviews

I bought this book at Barnes and Noble. I LOVE cookbooks, but I don't actually end up buying new ones too often. This one I couldn't put down. I showed it to my husband to see if he wanted to talk me out of it, and he fell in love with it too. You may ask yourself, "Do I need a cookbook with recipes for toast toppings?" The answer is: "Yes! You do!" This cookbook has the most wonderful ideas, and never in a million years would they have occurred to me. Each recipe I've tried has been either great or the best (I've made seven out of seventy so far, and I only bought this cookbook a little over a month ago.) We try to eat a lot of vegetarian foods, and not so much meat- and this has great ideas for vegetarian breakfasts. It also has plenty of breakfasts for meat-lovers. The best thing about these recipes (besides how delicious they are) is that most are pretty quick. Most take about twenty minutes to prepare (and there's not much cooking involved- it's mostly prep work), and although they say that they're for two servings, the item that you had to prepare actually end up lasting for at least two meals and sometimes more- so that saves time for the next few days too. Some of the

more decadent meat recipes look like they'd take a bit more time- but those make up about a sixth of the recipes. So far I've made Egyptian spices with pistachios and avocado, poached eggs with garlic yogurt and sage-brown-butter sauce, olive and fig tapenade, roasted grapes with ricotta, sauteed bananas with maple pecans, catalan spinach and pinenuts, and a few more. They were all delicious! If you are looking for delicious and inspiring breakfasts and lunches on toast (and not too heavy- the serving sizes are one-slice of toast, plus lots of toppings- but definitely satisfying), then this book is for you!

Laughed at the vehemently "anti-review"--- I oft prepare a 'meal' by grabbing 2-6 things semi-randomly from the fridge and see where it leads, so this book I browsed but not yet actually bought struck me with its usefulness as a starting point for suggesting food ingredient combinations that I haven't yet thought of. I wouldn't even be constrained by viewing these recipes as "for sandwiches only." Now to find a cheap one with colorful food stains (red beet juice and avocado smudge) to ingest.

This book was given, as a gift, to a person who normally gets all recipes online and at the last minute. The whimsical title and colorful jacket alone will cause her to open the book, buy some ingredients listed, and make a meal from a real BOOK. There's already too many cookbooks out there, but this one lends itself to a Saturday morning (or evening) unique feast !

So many simple and delicious options for every palate. This has become a go-to staple in our house. We love it.

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